

Adult Behavioral Health Home and Community-Based Services (BH HCBS)

Updated as of October 2023



Topics Discussed in this Presentation

- What is BH HCBS?
- What Services are part of BH HCBS?
- Who is Eligible for BH HCBS?
- BH HCBS WorkFlow
- Authorization/Prior Notification Requirements
- Billing Guidance
- Resources



What is BH HCBS?

Behavioral Health Home and Community Based Services

were developed to assist individuals with mental illness and/or substance use disorders to gain the motivation, functional skills and personal growth to fully integrated into their communities via a recovery model.

BH HCBS are recovery and wellness services that are person centered which address services and support needs in a manner that reflects individual goals and needs of the individual. BH HCBS provides the opportunity for individuals to receive services in their own home or community.

BH HCBS can help a person achieve life goals and be more involved in community.

The Values and Core Principles of BH HCBS include:

- Person-Centered
- Recovery-Oriented
- Integrated to address both Physical and Behavioral Health needs
- Evidenced Based
- Trauma Informed
- Culturally Competent
- Data Driven
- Inclusive of Social Network
- Coordinated and Collaborative
- Peer Supported



What are the types of BH HCBS Services?



Habilitation Services

Habilitation services are provided on a 1:1 basis and are designed to assist individuals with a behavioral health diagnosis (i.e., SUD or mental health) in acquiring, retaining and improving skills such as communication, self-help, domestic, self-care, socialization, fine and gross motor skills, mobility, personal adjustment, relationship development, use of community resources and adaptive skills necessary to reside successfully in home and community-based settings.

Example:



Darcy is a 55-year-old woman with a diagnosis of Opioid Dependence; Cocaine Dependence; Sedative, hypnotic, or anxiolytic dependence; Type 2 Diabetes; and Arthritis in both hands. Attended inpatient detox and substance use rehabilitation in 2021. Attends a Methadone Maintenance Treatment Program (MMTP). She attends Narcotics Anonymous (NA) and has abstained from using substances since July 2021. She has chosen not to explore Health Home Care Management services. **Customer's goal:** "I am homeless, living in a shelter...and I want to find safe housing."

- Completed a needs and strengths assessment and developed goals with Darcy
- Assisted Darcy in researching options and resources to secure housing
- Assisted Darcy with keeping track of her housing application and due dates
- Darcy is now on a housing waiting list. She is exploring other housing options and funding with the Habilitation Specialist

Education Support Services

Education Support Services are provided to assist individuals with mental health or substance use disorders who want to start or return to school or formal training with a goal of achieving skills necessary to obtain employment.

Example:



Ongoing supported education service components are conducted after an individual is successfully admitted to an educational program. Ongoing follow-along is support available for an indefinite period as needed by the participant to maintain their status as a registered student.

Pre-Vocational Services

Pre-Vocational Services are time-limited services that prepare an individual for paid or unpaid employment. This service specifically provides learning and work experiences where the individual with mental health and/or disabling substance use disorders can develop general, non-job-task-specific strengths and soft skills that contribute to employability in competitive work environment as well as in the integrated community settings.

Example:



Susie is 17 and her Prevocational Employment provider engages her in exploring opportunities for college including considering a technical school and completing a college application.

The Prevocational Employment provider also helps Susie create a resume and explore opportunities for a part time job to help finance her college pursuits. In preparation for getting a part time job, Susie's Prevocational provider works with her to develop punctuality and understand what is and is not appropriate workplace behavior.

Transitional Employment Services

Transitional Employment Services are designed to strengthen the individual's work record and work skills toward the goal of achieving assisted or unassisted competitive employment at or above the minimum wage paid by the competitive sector employer.

Example:



Susie has been late to work and her job may be in jeopardy. Susie likes her job and wants to continue working. Transitional Employment services can assist in planning transportation to and from work.

Intensive Supported Employment Services

Intensive Supported Employment Services assist recovering individuals with MH/SUDs to obtain and keep competitive employment. These services consist of intensive supports that enable individuals to obtain and keep competitive employment at or above the minimum wage. This service uses evidence-based principles of the Individual Placement and Support (IPS) model.



Example:

Susie just obtained a part time job working in a department store. The Supported Employment provider meets with Susie's supervisor to discuss her specific workplace needs based on her healthcare needs.

Ongoing Supported Employment Services

Ongoing Supported Employment Services are provided after an individual successfully obtains and becomes oriented to competitive and integrated employment. Ongoing follow-along support is available for an indefinite period as needed by the individual to maintain their paid competitive employment position. Individual employment support services are individualized, person centered services providing supports to individuals who need ongoing support to learn a new job and maintain a job in a competitive employment or self-employment arrangement.



Example:

Susie enjoys her job, but her performance needs improvement. OSE services can help individuals to build and sustain skills in the workplace, including time management, co-worker relationships and/or interactions, understanding supervisory roles and expectations, and accessing workplace supports, including EAP and job training for career advancement

Who is Eligible for BH HCBS?



Who is Eligible to Receive BH HCBS Services?

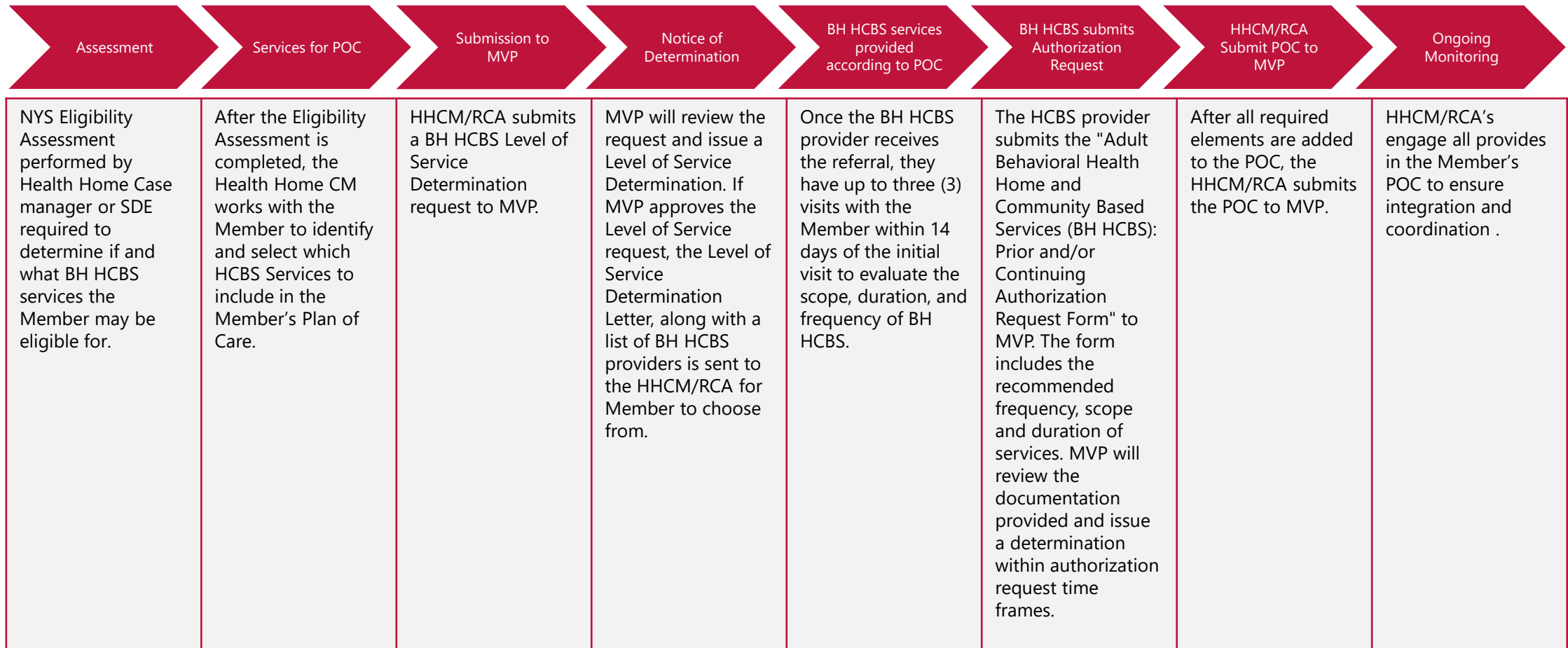
- Must be enrolled in a Medicaid Managed Care Health and Recovery Plan (HARP) or Dual eligible Special Needs Plan (D-SNP)
- Must be 21 or older
- Must be eligible for BH HCBS services using the NYS Eligibility Assessment
- An RE code is an indicator of the individual's Eligibility Status (can be found via emedNY). To receive BH HCBS, the individual's eligibility status would need to be an H2 or H3
 - H2: HARP Enrolled with Tier 1 HCBS Eligibility
 - H3: HARP Enrolled with Tier 2 HCBS Eligibility

BH HCBS Workflow



BH HCBS Workflow

The below is a high-level overview of the BH HCBS Workflow:



Authorizations/Prior Notification Requirements



Authorization/Prior Notification Requirements

- MVP requires Prior Authorization for all BH HCBS Services
- MVP accepts the NYS BH HCBS authorization request form.
- The form can be found **here**
- The authorization request form should be completed and emailed to **communityservices@mvphealthcare.com**



Billing Guidance



MVP Billing Guidance

- Providers must be designated by NYS for BH HCBS services in order to be eligible to render and receive reimbursement for BH HCBS services
- MVP requires BH HCBS Providers to bill in accordance with NYS BH HCBS billing guidelines which can be found in the *“NYS and Recovery Plan (HARP)/ Mainstream Behavioral Health Billing and Coding Manual”* which can be found [here](#)
- Claims for BH HCBS services must be billed on an institutional claim form with applicable rate code, CPT/HCPCS/modifier combinations for the service rendered
- Claims must be submitted within MVP’s Timely Filing requirements in order to be eligible for reimbursement
- Only certain combinations of BH HCBS are allowed within a Member’s treatment plan. Refer to the *“Service Combinations”* section of the Billing and Coding Manual for current allowable service combinations

Resources



Resources

- **BH HCBS Program Resources**

- [Home and Community Based Services \(HCBS\) Overview \(ny.gov\)](#)
- [Telehealth Services Guidance for OMH Providers – April 2023 \(ny.gov\)](#)

- **Billing Resources**

- [Billing Behavioral Health \(BH\) Medicaid services under Managed Care \(ny.gov\)](#)
- [Medicaid Reimbursement Rates \(ny.gov\)](#) – refer to the “HARP BH HCBS Fee Schedule” document on this page to find rates, rate codes/CPT/HCPCS/Modifiers by service

Thank You!

Contact: For questions about the information in this presentation, please contact your MVP Professional Relations Representative.

