

## Medical Policy Update: Applied Behavior Analysis (ABA)

Effective March 1, 2021, the MVP Health Care® (MVP) *Applied Behavior Analysis (ABA) Medical/Behavioral Health* policy has been updated as a standalone policy, replacing InterQual® criteria. This update includes the indications and criteria for treatment using Applied Behavior Analysis (ABA). The policy indicates the diagnostic requirements per DSM-5 criteria to qualify for ABA treatment. The policy also outlines the documentation requirements for prior authorization and addresses the importance of evidencing a multidisciplinary approach as the standard of care. To request authorization, New York providers should use the *ABA Authorization Request* form; Vermont providers should use the *Prior Authorization Request Form (VT)*. Both forms may be accessed by visiting [mvphealthcare.com/providers](https://mvphealthcare.com/providers), selecting *Forms* then *Behavioral Health*.

To view all current MVP Medical policies, *Sign In* at [mvphealthcare.com](https://mvphealthcare.com) and select *Resources*, then *Medical Policies*. All policies are reviewed at least once annually.

To view all communications, visit [mvphealthcare.com/FastFax](https://mvphealthcare.com/FastFax)

To receive future FastFax messages by email, contact your Professional Relations Representative

**Questions?** Contact your MVP Professional Relations Representative or call the MVP Customer Care Center for Provider Services at 1-800-684-9286.

