

## **Centers for Medicare & Medicaid Services (CMS) Health Outcome Surveys**

CMS requires MVP Health Care® (MVP) to monitor the care members receive from their health care providers. The CMS Star Ratings include many measures that are associated with services rendered by providers to MVP Medicare Advantage plan members. Health Outcome Surveys (HOS) assesses each Medicare Advantage plan's ability to maintain or improve the physical and mental health functioning of its beneficiaries and how physicians work together with their patients. Some measures are self-reported by your patients through HOS which is mailed to select recipients in early April.

The HOS includes questions that ask your patients if their Primary Care Physician has talked to them about physical activity, their risk of falls, and urinary incontinence. CMS expects providers to complete an assessment of these issues and establish a treatment plan to improve the quality of life for your patients if any issues are identified.

The CMS Star Ratings of the two MVP Medicare contracts on these measures for the last reporting period are:

- Monitoring physical activity rated 3 and 3 out of 5 Stars
- Reducing fall risk rated 3 and 3 out of 5 Stars
- Improving bladder control rated 4 and 5 out of 5 Stars
- Improving or maintaining physical health rated 4 and 3 out of 5 Stars
- Improving or maintaining mental health rated 4 and 3 out of 5 Stars

Please be sure to speak with your patients about preventive care measures that help them achieve their health goals. Thank you for continuing to deliver quality and timely care to your patients who are MVP members.